B U S I N E S S C L A S S 2 0 1 9



Dr. Mohamed Abdulhamid, MD, a board certified neurosurgeon, has founded Sonospine-Scottsdale, and is one of only a few in the country who is trained and certified in the Sonospsine Sonosculpt procedure, which utilizes high frequency ultrasonic vibration for various spine conditions. He frequently educates the community on spinal conditions and back pain, helping people to understand that spinal surgery does not have to be invasive.

Patients from all over the world come to Sonospine for a second opinion. Dr. Abdulhamid spends time with each patient to evaluate their symptoms, but also educates them on their condition and diagnosis. Patients leave the office knowing so much more about their ailment than when they came in. And for many, they feel a sense of relief. Because of comprehensive treatment plans catered to the individual, Dr. Abdulhamid's patients are more likely to return to daily activities much sooner. "I treat my patients like family members. In this way, I am able to confidently recommend the best treatment option."

Prior to establishing Sonospine-Scottsdale, Dr. Abdulhamid has founded Royal Spine Ssurgery with the belief that effective spine care is a comprehensive approach centered around the patient. When surgery is necessary, he utilizes minimally invasive techniques with same day outpatient procedures to allow for a faster recovery and healing process. "Our surgical slogan is 'Less is more," he explains. "A small incision heals more quickly than a larger cut, which means the patient can return to enjoying life much sooner." By combining cutting edge technology and innovation, Dr. Abdulhamid looks for ways to take his precise techniques to the next level. He explains that when many doctors perfect a technique, it becomes routine and that is all they practice. In contrast, Dr. Abdulhamid finds a technique that works and then asks himself how he can take it to the next level. "I constantly challenge myself to figure out if there is a better way to do what I do, that is what attracted me to the Sonospsine Sonosculpt technique in the first place" he says.

Dr. Abdulhamid defines his style as business casual, but often wears scrubs as his uniform of choice. "I never wear the doctor's white coat. Patients are already nervous when they come to see me, I want to ease their worry, not add to it," he explains. "One thing I can't live without is colognes. The sense of smell has a psychological effect on people to help them feel happy and less anxious."

Dr. Abdulhamid strives to make everyone at his practice feel at ease from the moment they enter the door, even if that means playing the prankster on his staff. "I don't want to be intimidating," he laughs. When Dr. Abdulhamid is not developing new minimally invasive surgical techniques, he enjoys traveling and landscape photography, among other passions.

"Being able to restore one's quality of life and function, is what defines success for me."

Contact Dr. Mohamed Abdulhamid, MD of Sonospine at 888.95.SPINE, or visit www.SonoSpineSurgery.com.